

Food Pantry Shopping List

Shopping List is updated monthly.

All items are needed – but critical items for the month are marked. (*)

Nonperishable Food Items

Canned Items

Stew*
Tuna*
Chicken*
Chili*
Spam
Ham
Spaghettios
Spaghetti sauce
Tomatoes
Tomato sauce*
Refried beans*
Pinto beans
Ranch beans
Pork ‘n beans*
Green beans
Green peas*
Corn
Carrots*
Mixed vegetables
Spinach

Personal Care Items

Shampoo*
Conditioner*
Bar soap*
Toothpaste*
Toothbrushes*
Dishwashing soap*
Laundry detergent*
Toilet tissue*

***Items most needed currently.**

Canned Items

Fruit Cocktail*
Applesauce*
Peaches*
Pears*
Pineapple
Peanut Butter
Jelly
Orange Juice*
Apple Juice*

Dry Items

Dried beans (1 or 2 lb. pkgs. only)
Spaghetti* (1 or 2 lb. pkgs. only)
Rice (1 or 2 lb. pkgs. only)
Macaroni & cheese
Cereal (cold)*
Cereal (hot)

Baby Care Items

Diapers (sizes 3, 4 & 5)
Baby wipes
Baby food (2nd & 3rd)
Formula

Updated: July 2010